

SEMEN ANALYSIS

WHAT TO KNOW...

YOU MUST HAVE AN APPOINTMENT FOR A SEMEN ANALYSIS REGARDLESS IF YOU ARE DROPPING OFF YOUR SPECIMEN OR PROVIDING THE SAMPLE IN OUR OFFICE. This allows our lab to analyze each specimen as quickly as possible and to obtain the most accurate results. Please call the office to schedule an appointment.

A VALID PHOTO I.D. IS REQUIRED FOR ANY SEMEN SAMPLE TO BE ACCEPTED FOR TESTING.

Specimens will not be accepted if identification is not presented. **In circumstances that a spouse or partner is dropping off a sample for the patient, a copy of a valid I.D. will be accepted.*

BETWEEN 2 AND 5 DAYS OF ABSTINENCE (NO EJACULATION) IS REQUIRED BEFORE OBTAINING A SAMPLE FOR ANALYSIS. This time range of abstinence yields the most accurate results.

IT IS PREFERRED THAT A PATIENT OBTAIN THE SEMEN SAMPLE BY MASTURBATION AT OUR FACILITY.

Rooms are available specifically for this purpose. **SPECIAL LUBRICANT IS ALSO AVAILABLE UPON REQUEST.** However, if you need to collect the sample at home, the sample must arrive at our facility within 1 hour of collection. Keep specimen as close to body temperature as possible during transport. This can be achieved by placing container under your arm, inside your pants or shirt. The sooner the specimen arrives at our facility, the better. **PLEASE MAKE SURE TO COLLECT THE ENTIRE EJACULATE IN THE CONTAINER.**

PATIENTS MUST USE A CONDOM PROVIDED BY OUR FACILITY IF SEMEN SAMPLE IS COLLECTED

THROUGH SEXUAL INTERCOURSE. Many regular condoms contain chemicals which are harmful to sperm. Please request a special non-toxic condom from the front office if this method is preferred.

SEMEN COLLECTION INSTRUCTIONS

- 1: Wash your hands with soap and water. Make sure to rinse away any soap residue.
 - 2: Thoroughly dry hands prior to collecting the sample.
 - 3: Collect the entire ejaculate directly into the sterile container provided. A label with your information should already be on the container.
- *IF USING A CONDOM, SECURELY TIE CONDOM OFF WITH A SUPPLIED TWIST TIE AND PLACE CONDOM INTO STERILE CONTAINER.

DO NOT OBTAIN SPECIMEN THROUGH THE FOLLOWING MEANS:

- Use water or saliva as a lubricant
- Oral sex
- Sexual intercourse without a condom (i.e. pull-out method)